



Guiltless Pleasures



Diane Lytle • DermaGlow

Cocoa is well known to have intense sensory properties, as well as aphrodisiac possibilities. The scent of chocolate triggers the release of chemicals in the brain that produces a similar feeling as to when one first falls in love. Just the smell of chocolate can trigger pleasure-anticipation and food-reward neurons. Its absorption through the skin, coupled by smell activation, can increase ones endorphins. This, along with its high caffeine content, can elevate a person's mood and improve their overall well-being. Cocoa can also send one into an addictive panic mode when one realizes they have no chocolate within reach to satisfy their habitual sweet tooth after a meal or during a stressful moment in their life. The addiction to cocoa is mainstream and pure bliss.



The Mayans and the Aztecs discovered cocoa could be used to treat and heal sunburns and chapped skin. They also enjoyed the sweet delights of the cocoa bean and its endorphin stimulating ingredients through frothy drinks and decadent treats.

Chocolate contains over 300 different compounds some of which can have a significant impact on ones' health and beauty. Recently, studies have found that cocoa powder has greater polyphenols than red wine, and may offer protection against heart disease. These anti-oxidants help fight free-radicals and alleviate sun damage. In addition to its high anti-oxidant levels, cocoa contains glycerides which deliver moisturizing lipids and fats to help plump the skin, magnesium, potassium and calcium to help calm and reduce stress and Theobromine, a substance similar to caffeine, that stimulates the circulatory system and produces a slimming effect on the body.

With the skin absorbing everything that is put on it, cocoa is immensely

beneficial to the human body. Chocolate lovers will receive great pleasure indulging in any body treatment which involves the wonderful cocoa bean. CocoaTherapy at **DermaGlow®** offers a little bit of heaven for those Chocoholics with guiltless possibilities.

DermaGlow®'s exclusive Chocolate Delights Body Treatment will slip you into a state of pure bliss. A thermogenic body wrap treatment with natural sugar cane, cocoa, grapeseed oil and Vit E gently polish and smooth dull, dry winter skin from your shoulders to your toes, while buttery cocoa oils are massaged deep into your skin for intense hydration, leaving you with a luminous euphoric glow.

Relieve fine lines and improve the overall condition of your skin with our **Mocha Locha Signature Glow Facial**. Enliven your senses with 100% pure organic cocoa and lactic acid for brightening and hydrating. Maintain your guiltless pleasures at home with our Mocha Locha organic at home resurfacer for glowing, beautifully hydrated skin.

This Valentines, let **DermaGlow®** sweeten your day with our Signature Treatments. We offer exclusive treatments for a unique experience. Specializing in offering the latest in advance skin care treatments from highly trained professionals, we offer non-invasive treatments for combating dry, aging skin, pigmentation disorders, acne management, massage therapy, lash extensions as well as other services. Personal, one-on-one attention to every client, we strive to offer the best in service in a peaceful environment. Contact us today or visit our website for more information.

Visit **DermaGlow®'s website** at www.dermaglow-ak.com for more information or call us at 907-357-7554 or 907-315-0360

DermaGlow®

Guiltless Pleasures & Deep Hydration

for Dry Winter Skin

Receive complimentary gift with purchase of **Chocolate Delights Body Treatment**



Mocha Locha Signature Glow Facial and Chocolate Delights Body Treatment

Check out our website for more specials

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Her Heart's Desire

FOR VALENTINE'S DAY