



It's A Wrap

Diane Lytle • DermaGlow



Dating back to ancient Egypt, Greece, and Rome, body wraps have been traditionally used to beautify and improve the over-all texture and appearance of the skin by removing excess fluid and toxins from the body, hydrating and nourishing the skin, helping to firm loose skin and treat the unsightly appearance of cellulite, (the dreaded orange peel that affects most woman over the age of 20), and improving a persons' over-all well-being. In addition to this, body wraps can help give a boost to the lymphatic system as well as increase the metabolism and help widdle away from around the waistline!

However wonderful and intriguing a body wrap might seem they are not to be viewed as 'miracles' to a perfect physique. Diet and exercise play a key role in the outcome of your body wrap. In no way should one believe, "This is it, this is what will give me my 18 year old buns back!" Proper diet, exercise and a series of body wraps designed specifically for the areas you are treating should give you wonderful results but, one should always maintain realistic expectations. For those individuals who are serious about maintaing a healthy physique, and are realistic about it, a body wrap can do wonders for you!

There are many different varieties of body wraps; mud wraps, herbal wraps, clay wraps, seaweed wraps, fruit, food and tea wraps, and countless others. All wraps offer similar results: detoxification, re-mineralization, weight loss or inch loss with each treatment while softening the skin and improving its over-all appearance. Detox body wraps, are an effective way to naturally detox and create inch loss by helping the lymphatic system remove toxins stored in the body. This process is known as lymphatic drainage. Toxins and fatty acids are transferred into the capillaries and flushed out of the body as waste through elimination. Body wraps that utilize clay, mud and seaweed are intended as detoxification treatments that rid the body of toxins by stimulating the metabolism. The body wraps that utilize body creams and rich lotions are intended as hydrating treatments that help soften the skin and create a general sense of relaxation.

Mud or Clay Wraps

Mud wraps typically consist of a clay base, or fango, and primarily focus on inch loss, detoxification, cellulite reduction and fat loss. These wraps are rich in minerals such as Silica, Magnesium, Calcium, Calium, Mangan, and Sodium which offer stress relief and relaxation and wonderful healing benefits for people suffering from aches and pains. These types of wraps typically offer the greatest results for an all-over body treatment.

Herbal Body Wraps

Herbal wraps consist of a liquid base, such as aloe vera, and various herbs such as green tea. Essential oils are usually added to these types of wraps. Herbal body wraps are generally used to help detoxify the body and help removed excess cellular fluids from the body. They are also excellent for the skin, and will help tighten and may improve the over-all skin tone. Although inch loss will be noticed with herbal body wraps, the results may not be as significant as those seen by using mud or clay body wraps.

Seaweed Wraps

Seaweed body wraps, or thalasso wraps, are primarily used to detox, hydrate and firm the skin. This body wrap is recommended for people who have difficulties in the area of water retention, joint pain, sore muscles, and arthritis. If you have allergies to iodine or fish, this type of wrap should be avoided.

Fruit, Tea or 'Other' Food Wraps

These types of wraps feature fruit, tea or vegetables for exfoliating, hydrating and purifying the skin. These natural smell good ingrediets add essential nutrients such as

Vitamin C, E & A, to the body and may also include green tea, acai berry, caffiene, cocoa and many other anti-oxidant rich oils such as alpha lipoic acid, grape seed extract, olive and jojoba oils.

At DermaGlow, we offer the latest in advance skin care therapy which includes spot reducing cellulite treatments and our exclusive Parafango body wrap, a therapeutic treatment that reduces cellulite, promotes inch loss, increases circulation and exfoliates the body while re-mineralizing the body with essential nutrients.

What is Parafango?

In ancient Rome, people placed their trust in the healing powers of fango - the warm mineral-rich mud from volcanoes or the sea. Deep-acting warm mud has been used to treat various ailments. Parafango is formulated with the best active ingredients available today for body exfoliation, firming and toning of cellulite and detoxification while combining the thermal properties of paraffin for intense hydration and thermal reaction. It has been scientifically proven that fango can help relieve rheumatism-related illnesses, joint pain and spinal ailments, while boosting the immune system and reducing stress by stimulating circulation and the metabolism.

At DermaGlow, we feature fango mud from Tuscany, silky smooth and rich in minerals which contain the healing ingredients of converted plant parts. Our treatment works by encouraging circulation and lymphatic drainage thereby detoxifying and contouring the body. The Parafango wrap combines mineral rich volcanic mud and paraffin in a powerful restorative body mask which creates a geothermal effect, producing an increase in body temperature that stimulates circulation and the eliminates toxins, including unwanted fat stores, from the tissues. Other benefits include deep relaxation and an improved skin condition. After the treatment, the skin will be

rejuvenated and tightened; fat will be degraded and local circulation increased.

What to expect during a Parafango body wrap treatment at DermaGlow?

An exclusive, skin nourishing serum featuring guarana is massaged into your skin, followed by an all-over application of warm parafango. While resting on a heated table for 40 minutes and swaddled in a heated blanket, you will receive a mini-facial which includes our lemon smoothie treatment mask. A warm sensation may be felt as the body begins to sweat out excess fluids and toxins. After pure relaxation, the wrap is peeled off to reveal silky soft skin and finished with a special cellulite reducing cream.

This type of wrap is recommended in a series of 5 or more for best results.

Please, call DermaGlow for more information at 315-0360 or visit our website at www.dermaglow-ak.com

DermaGlow®

Get Thin & Glowing This Summer!

Now offering:

Body Wraps & Spray Tans

The wraps are thermogenic for detoxing and cellulite reduction utilizing fango mud, guarana, essential oils, marine extracts and many other hydrating nutrients for complete relaxation and rejuvenation. DermaGlow offers these treatments exclusively to our clients.

Recommended in a series of 5 or more for best results.



Relax, Unwind & Glow with DermaGlow®

Facials • Waxing • Spray Tans
NovaLash Extensions • Body Wraps
Organic Mineral Makeup & More!

GIFT CERTIFICATES AVAILABLE

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